



SARS

CUDURKA NEEFSASHADA AAD DHIB UGA DHIGA (SEVERE ACUTE RESPIRATORY SYNDROME)

Cudurka nefsashada aad dhib uga dhiga (Severe acute respiratory syndrome) (SARS) waxa uu ku dhacaa marinta neefsashada waxana lagu arkay Aasiya, Waqooyiga Ameerika iyo Yurub.

Calaamadaha

Guud ahaan, cudurka SARS waxa uu ku bilaabmaa qandho ama xumad ka sareysa 100.4 darajo F [38 darajo C]. Calaamadaha kale waxa ku jiri kara madax-xanuun, dareen guud oo la dareemo raaxo-daro iyo xanuun jidhka ah ama juucjuuc. Dadka qaarkii waxay isku arkaan dhibaato neefsashada ah oo fudud. Ka dib laba ilaa todoba cisho, bukaanka qaba SARS waxay yeellan karaan qufac aan xaako lahayn waxana dhib ku noqon kara neefsashada.

Sida SARS ku fido

Waxay u eegtahay in habka koobaad ee SARS ku fido ay tahay isu-dhawaansho aad ah oo dhixmara laba qof. Marraka la arkay SARS intiisa badan waxa uu ku dhacay dad daryeelay ama la noolaa qof qaba SARS, ama dad taabasho toos ah la yeeshay wax cudurka sida (tusaale ahaan, dheecaanka habka neefsashada) oo ka yimi qof qaba SARS. Siyaabaha suurgalka ah ee SARS ku fidi karo waxa ka mid ah taabashada maqaarka dadka ama alaabta ay wasakheysay dhibco yaryar oo cudurka xambaarsan, ka dbina aad taabatid indhahaaga, sankaaga ama afkaaga. Taasi waxay dhacdaa marka qof qaba SARS u qufaco ama hindhiso halkaana isku sii daayo dhibco yaryar o dheecaan ah, ama dadka iyo waxyaabaha agagaarkiisa ah ku saydho. Waxa kale oo suuragal ah in SARS si baaxad leh ugu dhex fido hawada ama siyaabo kale oo aan hadda la aqoon.

Ayaa halis u ah SARS

Inta badan dadkii lagu arkay SARS Maraykanka dhexdiisa waxay ahaayeeyen socoto ka soo noqday meelo kale oo dunida ah oo laga helay SARS. Aad ayay u yaraayeeyen dadka cudurka ka qaaday isu-dhawaansho ay isu dhawaadeen qof qoyskooda ah ama shaqaalaha daryeelka caafimaadka.

Waxa Sababa Suuragal Ahaan SARS

Fayras loo yaqaano ‘coronavirus’ oo aan hore loo aqoon ayaa lagu tilmaamay inuu sabab u yahay SARS.

Wixii ah war dheeraad ah, wac North Dakota Department of Health (Waasaaradda Caafimaada ee Waqooyiga Dakota) oo leh lambarka 701.328.2378.

Rugta internetka ee SARS ee North Dakota Department of Health –

www.health.state.nd.us/disease/SARS/

Xarumaha Xakameynta iyo Joojinta Cudurada ee Maraykanka (U.S. Centers for Disease Control and Prevention – www.cdc.gov/ncidod/sars/

Ururka Caafimaadka Adduunka – www.who.int/csr/sars/en/ .